YOUR ANSWERS. YOUR PERSPECTIVE.

Memory

Task profile

A wholly fictional example. The values illustrate a report and say nothing about you.

ANSWERED: 25 / 25 | 1 PROFILE AREAS

1

Number recall

18 / 25 answered tasks solved correctly. For example, review task 1 and its solution in the appendix.

2

Your profile remains open

There are not enough complete areas for another key insight. Your available responses appear in the appendix; skipped responses are not replaced.

3

Your profile remains open

There are not enough complete areas for another key insight. Your available responses appear in the appendix; skipped responses are not replaced.

Your first small step

Review one task without time pressure and note which strategy you used.

02 / YOUR REPORT

Your profile at a glance

The bars show correct solutions as a proportion of answered tasks. Skipped tasks are shown separately.

Number recall **18 / 25**



0% 25 / 25 answered 100%

How to read the chart

A rate of 50% means half of your answered tasks were solved correctly. It does not mean you performed better than half of other people.

No area value is shown if fewer than 80% of its items are answered. This is a display rule for incomplete data, not a performance or health threshold.

03 / YOUR REPORT

Connecting your responses

Observations from your responses, not fixed characteristics.

Your result gives how many answered recognition tasks were correct. It describes this attempt; repetition, attention and test conditions affect it. It does not assess a memory disorder.

Your task result: 18 / 25

This is how many answered tasks you solved correctly. The result applies only to these tasks under your conditions. It is neither a population rank nor proof of an ability or fitness.

Compare the solution steps in the appendix: where does your approach match and where does it differ? An error can have many causes; the report does not establish one.

04 / YOUR REPORT

Number recall

Trace your responses and connect them with everyday situations.

The tasks assess recall of specific number sequences under the given conditions. They do not provide a general memory assessment.

Your response value **18 / 25**



Correct/answered counts correctly recognised material in this attempt. Skipped tasks are separate. Repetition and attention can affect performance; this is neither a general memory score nor evidence of a memory disorder.

Correctly solved: 18 / 25. Not answered: 0. The result applies to these tasks under your conditions, not to your general ability.

Two concrete responses

Item 1: Which number was in position 1 (from the left)?

Your response: 8

Item 25: Which number was in position 4 (from the left)?

Your response: 8

A prompt for further reflection

Review one task without time pressure and note which strategy you used.

When does this fit me - and when does it not?

05 / YOUR REPORT

Your values clearly explained

Number recall

Numerator and denominator

18 / 25 means: this many answered tasks were solved correctly. Skipped: 0.

A profile without a ranking

The task selection is not normed on a representative population. Practice, aids, screen and situation can affect results. The result does not establish an IQ, a medical finding or occupational fitness.

06 / YOUR REPORT

Your own next step

An optional everyday idea, without a performance target.

1

Today: note one situation

Starting point: Number recall. Choose a response in this area and note when it last fitted. A counterexample is just as useful.

2

This week: explore a perspective

Review one task without time pressure and note which strategy you used.

3

Afterwards: decide for yourself

What fits you and what does not? Record one insight and decide whether to keep anything. You do not need a higher score or another purchase.

My situation and what matters to me:

My optional idea and a suitable time:

What I would like to take from this:

07 / YOUR REPORT

Method and limitations

What the report is based on

Study short sequences and recall them afterwards. An exercise under your own conditions, not a clinical memory test.

Your responses are summarised according to the fixed rules explained here. Examples refer to the item numbers shown. No automated detection or assessment of a medical condition takes place.

Keeping the limitations in mind

Screening and self-reflection do not replace a medical or psychological assessment. Original reflection questions are not clinically validated. Each test page explains its method and limitations.

A profile does not cover every aspect of a person. It is a snapshot of your responses. Important relationship, career or other life decisions should not depend on it alone.

> **If you would like support**
>
> If symptoms are affecting you, seek support from a qualified health professional. In immediate danger, contact your local emergency services or nearest emergency department. Help information is available without an email address or payment.

Open general support information

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APPENDIX / YOUR REPORT

Your responses in full

Every scored response remains traceable. Skipped items are explicitly identified.

1 **Which number was in position 1 (from the left)?**
Number recall | 8
Solution and explanation: The sequence was 3 - 4 - 8.

2 **Which number was in position 2 (from the left)?**
Number recall | 8
Solution and explanation: The sequence was 5 - 8 - 1 - 7.

3 **Which number was in position 1 (from the left)?**
Number recall | 2
Solution and explanation: The sequence was 2 - 3 - 1 - 8 - 9.

4 **Which number was in position 4 (from the left)?**
Number recall | 4
Solution and explanation: The sequence was 1 - 6 - 2 - 4 - 7 - 8.

5 **Which number was in position 5 (from the left)?**
Number recall | 2
Solution and explanation: The sequence was 6 - 5 - 7 - 4 - 9 - 2 - 8.

6 **Which number was in position 2 (from the left)?**
Number recall | 8
Solution and explanation: The sequence was 7 - 8 - 6.

7 **Which number was in position 4 (from the left)?**
Number recall | 4
Solution and explanation: The sequence was 8 - 7 - 6 - 4.

8 **Which number was in position 2 (from the left)?**
Number recall | 5
Solution and explanation: The sequence was 7 - 5 - 3 - 4 - 6 - 1.

9 **Which number was in position 1 (from the left)?**
Number recall | 1
Solution and explanation: The sequence was 2 - 9 - 3 - 1 - 7 - 4 - 5.

10 **Which number was in position 1 (from the left)?**
Number recall | 3
Solution and explanation: The sequence was 3 - 8 - 6 - 2.

Your responses in full / CONTINUED

11 **Which number was in position 2 (from the left)?**

Number recall | 3

Solution and explanation: The sequence was 4 - 3 - 7 - 5 - 2.

12 **Which number was in position 1 (from the left)?**

Number recall | 5

Solution and explanation: The sequence was 5 - 4 - 8 - 7 - 2 - 6.

13 **Which number was in position 6 (from the left)?**

Number recall | 8

Solution and explanation: The sequence was 9 - 3 - 2 - 8 - 7 - 6.

14 **Which number was in position 4 (from the left)?**

Number recall | 8

Solution and explanation: The sequence was 5 - 1 - 6 - 8 - 3 - 2 - 4.

15 **Which number was in position 3 (from the left)?**

Number recall | 7

Solution and explanation: The sequence was 5 - 6 - 7 - 4.

16 **Which number was in position 1 (from the left)?**

Number recall | 5

Solution and explanation: The sequence was 5 - 2 - 9.

17 **Which number was in position 3 (from the left)?**

Number recall | 8

Solution and explanation: The sequence was 2 - 7 - 6 - 8 - 9.

18 **Which number was in position 3 (from the left)?**

Number recall | 9

Solution and explanation: The sequence was 5 - 6 - 9 - 1 - 8 - 3 - 2.

19 **Which number was in position 4 (from the left)?**

Number recall | 4

Solution and explanation: The sequence was 5 - 2 - 7 - 4 - 3.

20 **Which number was in position 3 (from the left)?**

Number recall | 2

Solution and explanation: The sequence was 6 - 7 - 2.

21 **Which number was in position 5 (from the left)?**

Number recall | 7

Solution and explanation: The sequence was 6 - 2 - 7 - 5 - 3 - 4.

Your responses in full / CONTINUED

22 **Which number was in position 5 (from the left)?**

Number recall | 1

Solution and explanation: The sequence was 6 - 3 - 4 - 2 - 1.

23 **Which number was in position 7 (from the left)?**

Number recall | 7

Solution and explanation: The sequence was 1 - 3 - 5 - 6 - 9 - 8 - 7.

24 **Which number was in position 2 (from the left)?**

Number recall | 3

Solution and explanation: The sequence was 7 - 3 - 9.

25 **Which number was in position 4 (from the left)?**

Number recall | 8

Solution and explanation: The sequence was 7 - 3 - 2 - 4.