YOUR ANSWERS. YOUR PERSPECTIVE.

Career

Personal everyday reflection

A wholly fictional example. The values illustrate a report and say nothing about you.

ANSWERED: 30 / 30 | 5 PROFILE AREAS

1

Technical and practical interests

You describe a noticeable tendency towards wanting to explore devices, materials, repairs and technical solutions. This pattern stands out in your responses; it is not a comparison with other people.

2

Analytical and research interests

You describe a noticeable tendency towards wanting to examine data, explanations and scientific questions systematically. This pattern stands out in your responses; it is not a comparison with other people. Some responses differ substantially from this direction.

3

Individual responses matter

Analytical and research interests: Scored responses range from 2 to 5/5 (items 17 & 21).

Your first small step

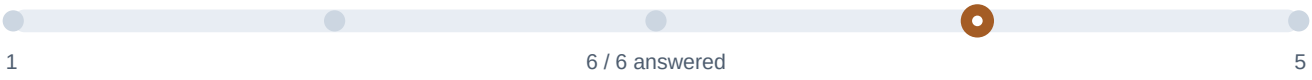
Choose a real question and find two reliable sources about it.

02 / YOUR REPORT

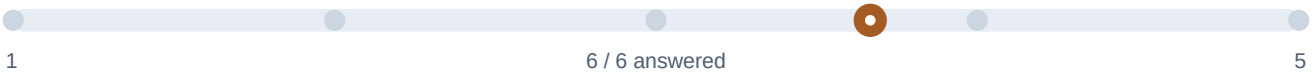
Your profile at a glance

Each dot shows an area response average on a scale of 1 to 5. Only your own responses are compared.

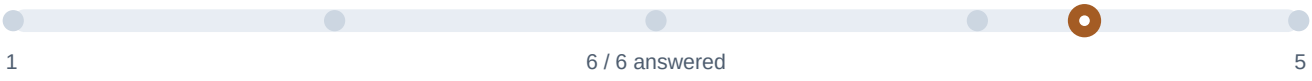
Technical and practical interests — 4.0 / 5



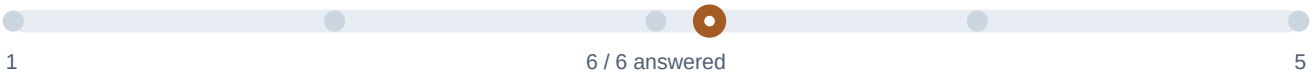
Analytical and research interests — 3.7 / 5



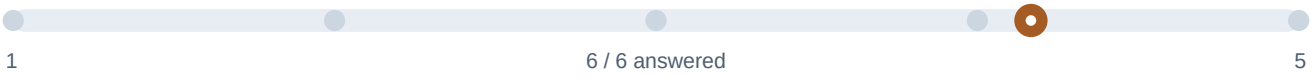
Creating — 4.3 / 5



Helping and teaching interests — 3.2 / 5



Organising and enterprise interests — 4.2 / 5



How to read the chart

1 = low, 3 = midpoint, 5 = high agreement in the scored direction. Higher is not automatically better. The midpoint is not the average of other people; small differences are not necessarily meaningful.

No area value is shown if fewer than 80% of its items are answered. This is a display rule for incomplete data, not a performance or health threshold.

03 / YOUR REPORT

Connecting your responses

Observations from your responses, not fixed characteristics.

The result shows which listed activities appeal to you. Interest does not prove skill, occupational suitability or future success; actual job tasks still matter.

Your result in words

Technical and practical interests: You describe a noticeable tendency towards wanting to explore devices, materials, repairs and technical solutions. This pattern stands out in your responses; it is not a comparison with other people.

Analytical and research interests: You describe a noticeable tendency towards wanting to examine data, explanations and scientific questions systematically. This pattern stands out in your responses; it is not a comparison with other people.

Analytical and research interests: take a closer look

The average combines different responses. These two items show why one number alone does not capture your whole perspective:

Item 17: I would enjoy solving a mathematical problem step by step. | Mostly untrue

Item 21: I would enjoy critically reading research findings. | Very true

Consider a possible everyday situation

Choose a real question and find two reliable sources about it.

04 / YOUR REPORT

Technical and practical interests

Trace your responses and connect them with everyday situations.

This area captures interest in practical and technical activities. Interest is not evidence of ability or career suitability.

Your response value **4.0 / 5**



1 6 / 6 answered 5

What this means in practice

You describe a noticeable tendency towards wanting to explore devices, materials, repairs and technical solutions. This pattern stands out in your responses; it is not a comparison with other people.

Two concrete responses

Item 12: I would enjoy learning to read a technical drawing.

Your response: Partly true

Item 24: I would enjoy building a model of a practical solution.

Your response: Very true

A prompt for further reflection

Explore one practical task and try a small, safe introductory exercise.

When does this fit me - and when does it not?

05 / YOUR REPORT

Analytical and research interests

Trace your responses and connect them with everyday situations.

This area concerns interest in analysing, investigating and understanding connections.

Your response value **3.7 / 5**



1 6 / 6 answered 5

What this means in practice

You describe a noticeable tendency towards wanting to examine data, explanations and scientific questions systematically. This pattern stands out in your responses; it is not a comparison with other people.

Your individual responses differ substantially. The interpretation describes their average direction only; it does not apply to every statement. The following responses show both sides.

Two concrete responses

Item 17: I would enjoy solving a mathematical problem step by step.

Your response: Mostly untrue

Item 21: I would enjoy critically reading research findings.

Your response: Very true

A prompt for further reflection

Choose a real question and find two reliable sources about it.

When does this fit me - and when does it not?

06 / YOUR REPORT

Creating

Trace your responses and connect them with everyday situations.

This area captures your endorsement of creating, generating ideas and developing your own solutions.

Your response value **4.3 / 5**

1 — 6 / 6 answered — 5

What this means in practice

You describe a noticeable tendency towards developing your own ideas, forms of expression and alternative solutions. This pattern stands out in your responses; it is not a comparison with other people.

Two concrete responses

Item 25: I develop my own examples to explain things.

Your response: Partly true

Item 14: I shape my surroundings according to my own ideas.

Your response: Very true

A prompt for further reflection

Sketch two versions of a small task before choosing one.

When does this fit me - and when does it not?

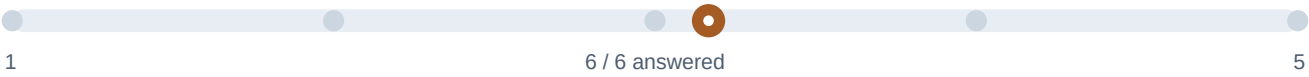
07 / YOUR REPORT

Helping and teaching interests

Trace your responses and connect them with everyday situations.

This area concerns interest in supporting, explaining and working with people.

Your response value **3.2 / 5**



What this means in practice

Your result does not show a clear direction for wanting to support people in learning, planning and understanding different perspectives. Check individual responses: partial agreement and opposing answers can produce the same average.

Your individual responses differ substantially. The interpretation describes their average direction only; it does not apply to every statement. The following responses show both sides.

Two concrete responses

Item 4: I would enjoy explaining difficult material to someone.

Your response: Mostly untrue

Item 30: I would enjoy giving clear feedback that helps learning.

Your response: Very true

A prompt for further reflection

Ask someone in a relevant field about typical tasks and demands.

When does this fit me - and when does it not?

08 / YOUR REPORT

Organising and enterprise interests

Trace your responses and connect them with everyday situations.

These statements describe interest in organising, deciding and shaping projects.

Your response value **4.2 / 5**



1 6 / 6 answered 5

What this means in practice

You describe a noticeable tendency towards organising projects, budgets and teams and presenting ideas persuasively. This pattern stands out in your responses; it is not a comparison with other people.

Two concrete responses

Item 16: I would enjoy allocating tasks sensibly within a team.

Your response: Partly true

Item 19: I would enjoy presenting an idea persuasively.

Your response: Very true

A prompt for further reflection

Plan a small project: its aim, people involved, first step and realistic effort.

When does this fit me - and when does it not?

09 / YOUR REPORT

Your values clearly explained

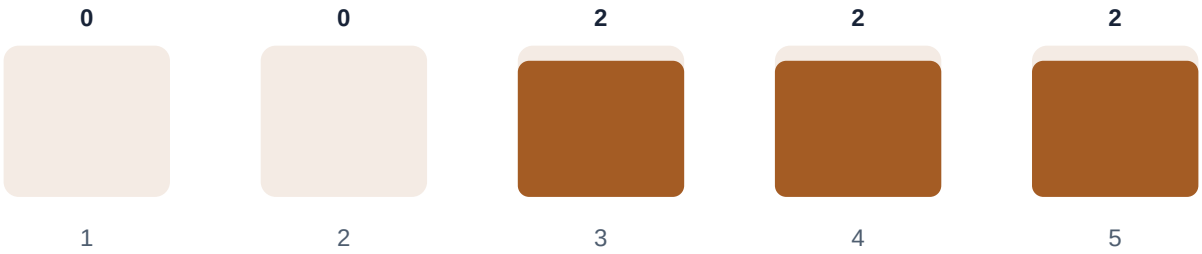
Technical and practical interests

Response positions are counted from 1 to 5. The sum is divided by the number of answered statements in this area.

Calculated from your actual responses

4 + 5 + 3 + 4 + 5 + 3 = 24. 24 / 6 = 4.0 / 5.

The distribution of your selected responses



The columns count your selected response positions 1 to 5 before any reverse scoring. The same average can come from very different responses.

For the wording, response averages below 2.5 are described as lower agreement, above 3.5 as higher agreement, and those between as middle agreement. These are editorial response-scale bands, not scientifically validated cutoffs. Identical averages can arise from different responses.

A profile without a ranking

We assign no population rank or fixed type. The scales describe responses to particular statements. Choose your own priorities; a high or low value does not require change.

10 / YOUR REPORT

Your own next step

An optional everyday idea, without a performance target.

1

Today: note one situation

Starting point: Analytical and research interests. Choose a response in this area and note when it last fitted. A counterexample is just as useful.

2

This week: explore a perspective

Choose a real question and find two reliable sources about it.

3

Afterwards: decide for yourself

What fits you and what does not? Record one insight and decide whether to keep anything. You do not need a higher score or another purchase.

My situation and what matters to me:

My optional idea and a suitable time:

What I would like to take from this:

11 / YOUR REPORT

Method and limitations

What the report is based on

Independently developed, unnormed self-reflection. High values are not inherently better; the profile describes your responses, not fixed traits.

Your responses are summarised according to the fixed rules explained here. Examples refer to the item numbers shown. No automated detection or assessment of a medical condition takes place.

Keeping the limitations in mind

Screening and self-reflection do not replace a medical or psychological assessment. Original reflection questions are not clinically validated. Each test page explains its method and limitations.

A profile does not cover every aspect of a person. It is a snapshot of your responses. Important relationship, career or other life decisions should not depend on it alone.

> **If you would like support**
>
> If symptoms are affecting you, seek support from a qualified health professional. In immediate danger, contact your local emergency services or nearest emergency department. Help information is available without an email address or payment.

Open general support information

Questionnaire version: 2026-10-29.26 | Report format: 2026-10-29.28

APPENDIX / YOUR REPORT

Your responses in full

Every scored response remains traceable. Skipped items are explicitly identified.

1 **I would enjoy understanding how a device is built.**
Technical and practical interests | Mostly true

2 **I would enjoy investigating a question using data.**
Analytical and research interests | Partly true

3 **I enjoy developing several ideas for an open question.**
Creating | Very true

4 **I would enjoy explaining difficult material to someone.**
Helping and teaching interests | Mostly untrue

5 **I would enjoy coordinating a project with clear goals.**
Organising and enterprise interests | Mostly true

6 **I would enjoy repairing a simple object myself.**
Technical and practical interests | Very true

7 **I enjoy expressing thoughts through images, writing or music.**
Creating | Mostly true

8 **I would enjoy improving an offering from its users' perspective.**
Organising and enterprise interests | Mostly true

9 **I would enjoy systematically comparing two explanations.**
Analytical and research interests | Very true

10 **I combine familiar things in unfamiliar ways.**
Creating | Very true

11 **I would enjoy planning a budget for a project.**
Organising and enterprise interests | Very true

12 **I would enjoy learning to read a technical drawing.**
Technical and practical interests | Partly true

13 **I would enjoy planning a small experiment.**
Analytical and research interests | Mostly true

14 **I shape my surroundings according to my own ideas.**
Creating | Very true

Your responses in full / CONTINUED

15 **I would enjoy helping people plan a next step.**
Helping and teaching interests | Partly true

16 **I would enjoy allocating tasks sensibly within a team.**
Organising and enterprise interests | Partly true

17 **I would enjoy solving a mathematical problem step by step.**
Analytical and research interests | Mostly untrue

18 **I would enjoy responding to different learning needs.**
Helping and teaching interests | Mostly true

19 **I would enjoy presenting an idea persuasively.**
Organising and enterprise interests | Very true

20 **I would enjoy comparing the properties of materials.**
Technical and practical interests | Mostly true

21 **I would enjoy critically reading research findings.**
Analytical and research interests | Very true

22 **I would enjoy mediating between different perspectives.**
Helping and teaching interests | Partly true

23 **I would enjoy simplifying processes that waste time.**
Organising and enterprise interests | Mostly true

24 **I would enjoy building a model of a practical solution.**
Technical and practical interests | Very true

25 **I develop my own examples to explain things.**
Creating | Partly true

26 **I would enjoy finding faults in a technical process.**
Technical and practical interests | Partly true

27 **I revise my own drafts until they match my intention.**
Creating | Mostly true

28 **I would enjoy planning a community project with others.**
Helping and teaching interests | Mostly untrue

29 **I would enjoy developing a testable question from an observation.**
Analytical and research interests | Partly true

30 **I would enjoy giving clear feedback that helps learning.**
Helping and teaching interests | Very true